

of the skin, an extensive knowledge of the body. Certificate qualifications and diploma qualifications are available for beauty therapists and registered nurses. The course undertaken should leave you with the confidence that you understand the muscles, growth cycles and body systems – essential education that gives a professional of any level a good foundation for understanding the plethora of aesthetic treatments available and how they instigate a change. Individual companies also offer in-house training once you are in the industry, to train all staff in a clinic on their products, and train or refresh clinical skills

A clinical knowledge of anatomy and physiology, will allow you to build your knowledge without being brand specific or appropriate only to a particular treatment. Being able to understand the active ingredients in skincare or treatments or how a pulsed light or laser system works means that you will be able to understand or break down what is happening with any treatment rather than being comfortable with just one.

Apart from a passion for knowledge and learning, aesthetic medicine is set apart from other fields of health care in the fact that the treatments provided are very individual and require creativity, as well as sensitivity. Patients are generally looking for assistance in changing something they are not happy with in terms of their appearance. Therefore, your image and presentation are crucial. People are looking to you for advice on how to look the best they possibly can. Looking polished, glamorous and maintaining a positive, forward, ever-evolving style is only going to reassure the clients that they are in the right hands.

Aesthetic treatments also offer changes to the patients in terms of self-esteem, stress relief and happiness. Whether it be a psychological change in response to looking younger or healthier, or a physical change with a release of tension headaches (after a botulinum toxin treatment), the patients are looking to you to feel good when they are at your clinic, and after they leave. Recognising the different types of patients and how to respond to their needs is essential when titrating the environment to suit the individual. Some clients respond to a friendly, relaxed chat whereas some clients may find this over familiar and prefer more private relaxation while they are in your clinic. It is up

to you, whether you have an admin or reception role, or you are the practitioner performing the treatment, to assess and provide each patient with an appropriate and satisfying experience.

At All Saints Cosmedical Clinic, I feel that our team has been built upon all these principles. Dr Joseph Hkeik, the medical director, is inspiring in his skill and artistic talent as well as valuing the growth and happiness of the team. Each member of staff has been selected not only for their knowledge and expertise - but also because they are beautiful inside and out. Each staff member embodies the philosophies of the clinic and works in synergy to make each patient relaxed and safe in a nurturing environment when they are at their most vulnerable.

**SKILL REQUIREMENTS:  
BEAUTY THERAPISTS AND  
REGISTERED NURSES:**

- Required to have good knowledge base of current treatments, and trend in the market.
- A passion for and confidence in your treatments.
- Ability to act as a referral resource in the practice to promote other treatments and your colleagues' skills.
- Have relevant safety certificates and insurance.

**REGISTERED NURSES:**

- Be able to train in botulinum toxin or dermal filler injections and already be working with a doctor who will support your education and sign the scripts for this scheduled drug.
- Update your own insurance policies to cover your move into this type of medication and post-procedure protocol.

From a professional perspective, I believe that in the near future New South Wales will be following the other Australian states by legislating laser safety standards and certification for operators. At present, as I understand it, NSW does not have any safety requirements to operate a laser or pulse light system, but is covered by the insurance of the doctor or the practice. To present as a potential employee, with safety qualifications will impress upon the doctor or practice manager of the clinic that you are knowledgeable of procedures, professional protocols and how to prevent or manage potential complications with their assistance. **PB**  
Contact: All Saints Cosmedical Clinic  
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Can't believe  
it's not wax!  
iFLEX NOT WAX



Exotic French vanilla  
Hard XXX

Stays flexible at body  
temperature

Applies as thin as  
plastic film With keratin  
that bonds to hair instantly

Up to 50% less sticky than  
traditional wax

Minimise skin stress and pain

Ultra low temp application

No talc or prewax oil needed

Picks up hair as short  
as 1mm

Don't get waxed  
get flexed

Reva new euro range  
Traditional premium wax

Coco-vanilla white xxx hard wax  
Strawberry crème hard xxx wax  
Spanish rose sensual hard xxx wax



The future is Reva  
Available from selected  
distributors