



FILLERS AND SMOOTHING

YVETTE URBAN, 33, SALES REP

TYPICAL CONCERNS IN YOUR 30S:

A loss of skin radiance, to fine lines around the eyes and forehead.

PROBLEM: "People think I'm cranky, thanks to my constant frown," says Yvette. "I also have fine lines around my eyes and broken capillaries."

THE GOAL: "I want a softer look that reflects my cheerful personality more."

THE EXPERT: Dr Peter Bakaric, of the Collagen Face Centre in Bondi Junction, NSW.

THE SOLUTION: Dysport smoothed frown lines and Esthélis was injected into the groove between the eyebrows, to fill a scar under her lip, to soften marionette lines and plump her lips.

COST: \$2200.

IN ADDITION: Cutera Pearl Fractional laser resurfacing to improve skin texture.

COST: \$3500.

YVETTE'S REACTION: "It was miraculous watching my lines disappear."

HAIR REHAB: Shane Henning of Noddy's on King, in Newtown, NSW, says, "I trimmed and layered Yvette's hair and gave it some light and shade with highlights."

THE VERDICT: "I love my hairstyle and the changes to my face. It's given me a new lease of life and more confidence."



BEFORE



AFTER

COLLAGEN INDUCTION THERAPY AND LIFTING

DEBBIE DE LA LLANA, 49, HAIRDRESSER

TYPICAL CONCERNS IN YOUR 40S:

Look out for loss of elasticity, wrinkles, brown spots and a slackened jawline.

PROBLEM: "A year of extreme stress resulted in premature ageing," says Debbie. "I was a sun lover and have wrinkles and pigmentation issues."

THE GOAL: "I want to look in the mirror and see someone younger and more confident."

THE EXPERT: Dr Joseph Hkeik is a cosmetic physician at All Saints Cosmedical Clinic in Darlinghurst and Parramatta, NSW.

THE SOLUTION: To correct texture and tone, and for collagen induction or growth, Debbie was given a medical Dermaroller procedure. After numbing the skin with an anaesthetic cream, the skin is "needled" with a hand-sized implement, shaped like



BEFORE

a paint roller, which has fine needles to stimulate the production of collagen and elastin. Laser Genesis zapped broken capillaries, with the laser light gently heating the water in the deep layers of the skin to reduce redness.

Debbie's neck was lifted with a Botox Nefertiti Lift and Botox was injected in small amounts along the jawline



AFTER

and the muscles of the neck.

COST: Dermaroller, \$770; Laser Genesis, \$350; Botox Nefertiti Lift, from \$175.

IN ADDITION: Esthélis was used to erase under-eye circles and plump thinning lips (\$2200). Debbie's chin was augmented with the elastic filler Fortélis and Botox used on her forehead (\$450). Filler re-sculpted

her nose, making it more symmetrical.

DEBBIE'S REACTION:

"The Dermaroller sounds scary, but with the numbing cream, you can't feel a thing. Afterwards, it was a little pink. While there were many injections with the Nefertiti Lift, they were painless and the tightening effect was remarkable. The laser felt a bit 'stingy'."

HAIR REHAB: Sonia Cotroneo and Simon Bright of Dario Cotroneo Salon, Darlinghurst, NSW, chose a dreamy, inverted fringe, with an undercut through the sides and neck. A mix of coppers and red enhance her new skin tones.

THE VERDICT: "My skin glows – I look much younger and my self-confidence has returned," says Debbie. "It's as if a shadow has been lifted and I now have my life back." >>>

CASE STUDIES: PHOTOGRAPHY BY JAMES CANT; ACP SYNDICATION. YVETTE WEARS STELLER EARRINGS.